

Energy

2017

September



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Pepperoni Pizza Tossed Salad Sliced Peaches
4 Labor Day No School No Lunches Served	5 Chicken Parmesan Spaghetti Tossed Salad Dinner Roll Chocolate Chip Blondie	6 Beef Pot Pie Steamed Carrots Apple Sauce	7 Frito Pie Chili & Cheese Sauce Corn Brownie	8 Bacon Pizza Baby Carrots w/ Ranch Dressing Mandarin Oranges
11 Hamburger Tater Tots Baked Beans Apple Sauce	12 Spice Rubbed Pork Loin Rice & Gravy Steamed Broccoli Whoopie Pie	13 Chicken Piccata Buttered Pasta Steamed Carrots Dinner Roll Mandarin Oranges	14 Soft Tacos Tortilla Chips & Salsa Charro Beans Cake	15 Pepperoni Pizza Tossed Salad Sliced Pears
18 Chicken Chili Bowl <i>Chili, Chicken, & Cheese Sauce</i> Mashed Potatoes Steamed Corn Sliced Peaches	19 Baked Chicken Breast Rice & Gravy Green Beans Dinner Roll Red Velvet Bar	20 Salisbury Steak Mashed Potatoes Steamed Peas Dinner Roll Apple Sauce	21 Chick-Fil-A Day CFA Sandwich French Fries Banana Chocolate Chip Cookie	22 Cheese Pizza Baby Carrots w/ Ranch Dressing Mandarin Oranges
25 Pork BBQ Sandwich Signature Chips Baked Beans Apple Sauce	26 Chicken Nuggets Rice & Gravy Steamed Peas Marbled Brownies	27 Half Day No Lunches Served	28 No School No Lunches Served	29 No School No Lunches Served

Special News...

Active bodies need extra fuel. Pack along some healthy portable snacks for after school practices and games!

Did you know?

Fall offers some great seasonal veggies loaded with beta-carotene! Pumpkins, sweet potatoes, and butternut squash would be great roasted or pureed into a delicious soup!

Menus are subject to change without notice.