

PHYSICIAN AND PARENT SCHOOL ASTHMA MANAGEMENT PLAN

Student's full name _____ Date of Birth _____

Physician _____ Physician Phone _____ Physician Fax _____

RESCUE: With breathing difficulties give rescue medicine: _____

Administer _____ of _____ medicine. Observe student for twenty minutes after rescue medicine administration or until breathing difficulties are relieved. If student is still experiencing breathing difficulties after 20 minutes:

IT IS IS NOT okay to repeat rescue treatment. Observe student for twenty minutes between treatments or until breathing difficulties are relieved. It is okay to repeat rescue treatment a total of _____ times to relieve breathing difficulties.

- Puffs should be administered individually with 10 second breath hold, wait at least 30 seconds between puffs.
- If student's breathing difficulties are not relieved after the above maximal treatment, parents should be called to come pick up child from school and notified of need for call to physician for urgent medical attention.
- If more than one rescue treatment is ever required to relieve breathing difficulties or student requires rescue treatment more than two times in one week, the parents should be notified to schedule physician office visit for poorly controlled asthma.

If student is experiencing extreme shortness of breath or lips and fingernails are blue emergency medical services should be called and rescue albuterol treatments given until EMS arrives.

SICK PLAN: During asthma flare-ups scheduled rescue treatments are needed:

For one week following an ER or physician office visit for an asthma flare-up or notification of sickness by parent: Administer _____ of _____ every four hours and before PE or other strenuous activities. If student requires rescue treatment before four-hour treatment interval parents should be called to pick up student and notified of need for physician visit.

- It is the responsibility of student's parent to notify the school nurse of student's asthma flare-up or chest cold and the need for scheduled treatments.
- After 24 hours on the above sick plan treatment if the asthma symptoms do not improve or get worse parents should be called to pick up child and notified of need for physician visit.
- If after one week on sick plan all asthma symptoms do not disappear parents should be notified of need to schedule a physician office visit for poorly controlled asthma.
- All ER visits for asthma flare-up should be followed by a physician office visit within three days. Unless contrary to ER physician's judgment, it is okay for child to attend school until follow-up visit.

DAILY ASTHMA CONTROL: Name of medication _____

How many _____ How many times a day _____

- Known allergies and asthma triggers include _____
- All asthmatics should avoid exposures to airway irritants like smoke, dust and high levels of ozone.

Needs Does not need treatment with rescue inhaler before PE every day except during asthma flare-up.

I AGREE WITH THE SCHOOL ASTHMA MANAGEMENT PLAN.

My child has my permission to use inhaler at school as described in plan. I agree to communication of changes in my child's asthma condition and management plans between my child's school, hospital and physicians. I, as the person responsible for my child's medical care, will be included/informed of communication regarding my child's medical care.

Parent's signature _____ Date _____

I have seen this child, authorize inhaler use at school in health room according to plan, and agree with plans for management of student's asthma at home and school.

Physician's signature _____ Date _____