



What is JAT?

Jog-a-Thon (JAT) is an opportunity for middle school students to raise funds for school projects by getting family and friends to sponsor them for each lap they run. Students compete by homerooms, although individual incentives are also offered.

When is JAT?

JAT is part of BJA's field day on Friday, April 5. The middle school students will follow their elementary counterparts in the "Parade of Athletes," which begins at 1:30 p.m. in the Davis Field House. After the parade, the middle school students will make their way to the track, and JAT will begin. The event runs from 1:55 to 2:55 p.m.

What's the purpose of JAT?

Proceeds from this year's JAT will go toward supporting Academy gym improvements, building security, and additional technology.

How does JAT work?

After picking up sponsor sheets in their homerooms, students contact family and friends asking for pledges to pay a designated amount per lap. Because we are on the track for only an hour, most students run fewer than 20 laps. Some strive for the "6-Miler" club—those students will run 24 to 30 laps.

Do all students participate in JAT?

Yes, but students may walk the entire hour. Those who cannot run or walk assist their homerooms by serving as lap counters.

What is the schedule for JAT day?

Each class meets for 35 minutes; lunch is early (11:25 - 11:50) to allow time for lunch to settle before JAT.

What do we wear for JAT?

Students may wear blue or black athletic pants or their BJA PE shorts with BJA t-shirts, which include, for example, PE shirts, homeroom shirts, spirit shirts, Lions gear, and field day shirts. All students should wear tennis shoes.