

# **bja** Bob Jones Academy

## **MIDDLE SCHOOL CHEERLEADING TRYOUT INFORMATION**

### **Contacts:**

Mrs. Ginny Richmond - [grichmon@bobjonesacademy.net](mailto:grichmon@bobjonesacademy.net)

Mrs. Sarah Gillenwater- [sgillenw@bobjonesacademy.net](mailto:sgillenw@bobjonesacademy.net)

*\*Please try to avoid calling the school offices; our coaches are happy to be your contacts.*

**Cheerleader Tryouts:** We will have tryouts **Monday, September 13, Tuesday, September 14 and Wednesday, September 15.** We will start promptly each day at 3:30 in the choir room Assembly Room of the 8th grade building. Each day will try out from 3:30-5:00 except Wednesday which will be 3:30-4:30. Each prospective cheerleader must learn 3-4 cheers, kicks, jumps, and a stunt/mount before tryouts. It is each girl's responsibility to learn all required cheers.

**You must have an updated physical before trying out (ATHLETIC PARTICIPATION FORM) and a signed concussion form.**

### **What to wear:**

**All days: wear PE shorts (to the knee) or pants (no leggings please) and a t-shirt, tennis shoes (cheer shoes if you have them) and have your hair pulled up. No jewelry!**

### **What to expect Wednesday for the final tryout:**

- Girls will be divided into groups. Each group will perform a group cheer, and then individuals will come in later to perform the individual cheers.
- Girls will be judged based on physical fitness, energy, coordination, precision, voice, jumps, kicks and stunts. Cartwheels and round-offs are encouraged but not required.
- Each girl will be notified individually at the end of tryouts if you made the team this year.
- **Our first cheerleading team practice will be Thursday, September 23; 3:30-5:00 in the AS Building**

## **FINANCIAL POLICIES**

**Uniform:** The school will provide the basic cheerleading uniform. Each cheerleader is responsible to purchase shoes, socks and a cheer ribbon. We would like to order a team sweatshirt or jacket this year as well. (Purchases generally do not exceed \$100.) If these complimentary items are ordered by the school for the whole squad (shoes, socks), the cost of the items will be added to each cheerleader's school bill. The hair bow will be purchased locally and will simply be reimbursed to the coach. Each girl is responsible to replace any part of the uniform lost or damaged beyond normal wear. In addition, **the sports participation fee is \$110.**

**From the Coach:** I am so excited to get to know all of you! This year we have less time to prepare for the basketball season and cheer competition than usual. Because of our limited time, I ask that you try to schedule appointments (doctor, orthodontist, etc.) on non-practice days. If you go home sick or are out the day of a practice or game, please notify Mrs. Richmond. That will ensure that we have plenty of time to re-plan practice if you are absent.

The basketball schedule is posted on the website (Calendar tab or Athletics tab). We will be cheering during our home games this year.

Thank you for taking your time to try out for the best cheer team in the state!

Bring your best smile ☺

# **bj**a Bob Jones Academy

## **Cheerleading Responsibilities, Policies and Procedures Middle School**

### **ALWAYS CONTACT either**

Mrs. Ginny Richmond - [grichmon@bobjonesacademy.net](mailto:grichmon@bobjonesacademy.net)

Mrs. Sarah Gillenwater- [sgillenw@bobjonesacademy.net](mailto:sgillenw@bobjonesacademy.net)

Please try to avoid calling the school offices; our sponsors are happy to be your contacts.

### **PURPOSE**

1. To grow Spiritually and promote school spirit.
2. To afford female leadership opportunities and avenues of service to others.
3. To develop physical skills.
4. Set an example of servant leadership in the Middle School.
5. To prepare for perhaps an opportunity to be a Varsity Cheerleader.

### **ELIGIBILITY**

1. To be considered for the cheerleading squad, a student must have at least a C average or above the semester prior to sign-ups. A C average or above is also checked at the mid-term or end of a semester and must be maintained in order to cheer. Because academics is a priority, receiving an F on a midterm report or report card is cause for dismissal from the squad for that semester.
2. A student must have less than 75 discipline points and not be on any type of restrictions/probation during the current semester she is signing up. No student can maintain status as a cheerleader if she accumulates 75 discipline points or more.
3. Cheerleaders must have a positive Christian testimony and evidence of school spirit.
4. Generally, a cheerleader must be a full-time student at BJA to cheer. If we have open positions on the team, we will consider part-time students as well.
5. Before trying out, you must have a current Athletic Participation Form on file in the middle school office and a signed concussion form.

### **RESPONSIBILITIES**

1. All cheerleaders must attend practices. Cheerleading practices are held on Thursday afternoons from 3:30 to 5 p.m.
2. The cheerleading team will lead the cheers at all home basketball games. A cheerleader must be present the entire school day to cheer for a game (game schedule is posted on the website: Athletics tab).
3. The cheerleading squad may hold additional school pep rallies scheduled by the middle school administration.
4. Cheerleaders will be required to run at least 2 miles per week. Miles run in PE do count!
5. Cheerleaders create tracts-treats bags for visiting cheerleaders and teams (when applicable).
6. Help with set up/clean up after home games as needed.

# Middle School Cheerleading Squad

## *Pledge of the Cheerleading Squad and Acceptance*

I promise to:

- do all in my power to faithfully serve the Cheerleading Team as outlined in the cheerleading policies.
- seek to build, encourage, and maintain the right kind of school spirit.
- seek to be an example of the believers in the Academy, upholding the Christian virtues taught in Scripture as well as the rules of Bob Jones Academy.

I understand that my position may be terminated because of grades, discipline record, or failure to uphold the above guidelines or previously outlined standards.

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Name (please print): \_\_\_\_\_

Student Signature: \_\_\_\_\_

Date: \_\_\_\_\_

As a parent of a student trying out for the Academy middle school cheerleading team, I understand the responsibilities my daughter will be asked to perform and I have agreed to her taking on these opportunities and responsibilities of service.

Parent Signature \_\_\_\_\_